

TERM 1 CLASS SCHEDULE 2018

Day	Class	Time	Venue
Monday	Gentle Yoga	9:30-10:30 am	Wellard/Casaurina Hall
Tuesday	Ladies Karate Class	10:00-11:00am	Wellard/Casaurina Hall
Thursday	Gentle Yoga	10:00-11:00am	Baker's House Harrisdale
Friday	Kata-Yoga	10:00-11:00am	Wellard/Casaurina Hall
Saturday	Gentle Yoga	11:30-12:30pm	Harrisdale Senior High

Wellard/Casaurina Hall – 1 Barker Road, Casaurina (Just off Mortimer Road)

Bakers House – 10 Welcome Meander, Harrisdale

Harrisdale Senior High School – The Sports Hall, 1 Laverton Crescent, Harrisdale

With the exception of Ladies Karate Class, all classes are \$15 casual and require a Yoga Mat.